



VÍDEO 3 - BODY POSTURE AND GESTURES

STEP BY STEP WITH YOUR PROJECT

Through this forms you'll be able to reflect and gather all the information you need to prepare the oral presentation of your academic project.

TIP 6: Warm your voice and body up before starting the presentation.

Have you tried warming your voice and body up before speaking?

I suggest that you stand up, with an open posture, and say this sequence as follows:

Take a breath, hold it in for a few seconds, and release it articulating:

R P T K R P T K
TS TS TS TS TS TS
TX TX TX TX TX TX
FSH FSH

How do I feel the words sound once I've warmed my voice up?

TONGUE TWISTERS

Tongue twisters are very useful for practising the articulation of sounds. You will find dozens of them that will help you become aware of what you say and how you say it.

1- Start very slowly and pronounce the sounds you propose in an exaggerated way. For example, here you can do it with the "W's" and "Ch's".

2- Once you have done some slow and exaggerated readings, try to find a meaning to the tongue twister and have conviction in what you pronounce.

How much wood would a woodchuck chuck if a woodchuck could chuck wood?

A woodchuck would chuck as much wood as a woodchuck could chuck if a woodchuck could chuck wood.

3- Play with the tones (high and low), incorporate various speeds and volumes (higher and lower) and notice how it changes each time.

What differences do I notice each time that I read the same tongue twister?

Now you can continue with the rest of the videos! Let's go!